

JOBURG NORTHERN SUBURBS

GET IT

WE'RE SWEET ON
CHRISTY STREVER

Je t'aime

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SHOPPING, PEOPLE AND LIFESTYLE IN YOUR NEIGHBOURHOOD

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GET IT

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February 19

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Winning!

Trudie has decided flamingoes are her thing this month of amore... Help her count how many of these pink birds are in this issue. Like our Facebook page, put your answer in the comments section of the post and tag two friends, all before February 26, and you could win this flaming fab print from Macaroon. How flapping divine is that?



February 19 Get It Joburg Northern Suburbs 03

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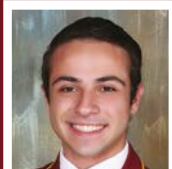
Top 5% Commendable Achievement



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8 IEB Distinctions



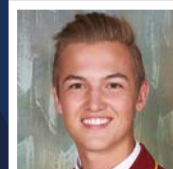
Erin Fisher
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Xenocratis Chavaranis
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Ana Damjanovic
7 IEB Distinctions

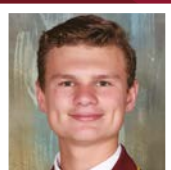


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Kriya Hira
7 IEB Distinctions

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Jonathan Humphries
7 IEB Distinctions



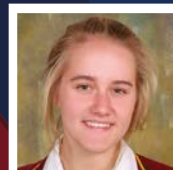
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A hot date!

Romance is not the only thing to look forward to this month

This month we're going to be visiting **Cinema Nouveau** on a regular basis because of the host of oh-so-fab new releases. The Favourite is one of those must-watch films. Set in the early 18th century, England and France are at war and Queen Anne has fallen ill. Regardless, duck racing and pineapple eating retain their popularity. While looking after the ill Queen, her close friend, Lady Sarah, governs the country and takes a liking to their new servant, Abigail, because of her charm and sense of humour. Magnificent cinematography, twisted humour, multiple award-wins and a fantastic cast make this movie a wonderful must-watch. Starring Emma Stone, Olivia Colman, Rachel Weisz and Nicholas Hoult. *(In cinemas now.)*



06 Surely there can be no better way to start off a new year than with a **Guided Meditation Course** under a canopy of stars, surrounded by candles and soothing Tibetan music? We think not. This course will help you de-stress and focus on your new goals with a clear mind and peaceful spirit. Cheers to all that this year! R120. February 6 and 27. 3rd floor, Jackson's Real Food Market, Bryanston. Details: 011-463-1598 or info@jacksonsrealfoodmarket.co.za

07 Every Thursday, Friday and Saturday (until February 23) the oh-so-spectacular Four Seasons Hotel Westcliff will be hosting a **Sundowner Session** that's sure to be festive. With a G&T in hand, sweeping views of the city and sunset, and a host of gorgeous people, this is one way to start the weekend on a positive note. While you're at it, grab a scrumptious bite to eat there, too. Four Seasons Hotel The Westcliff, 67 Jan Smuts Avenue. Details: 011-481-6000

09 If you're looking to kick-start 2019 off on a high, this is the perfect course to attend ... a day of yoga, meditation and plant-based cooking. Set in a gorgeous retreat in the heart of Jozi, **Oxford Health Centre** will be hosting the day's workshop. Lunch will include a vegetable tagine with apricot quinoa; Yogi Bhan's mung dahl served with a dollop of natural yogurt and fresh coriander; orange, fennel, celery, pomegranate & citrus salad and a green garden salad followed by a chai & blueberry panna cotta for dessert. Yum! Not only will the retreat leave you feeling relaxed and rejuvenated, you'll also leave feeling more empowered and prepared for a healthier, happier, more successful 2019. R1300. February 9. Oxford Healthcare Retreat, 16 Porter Avenue, Melrose. Details: oxfordhealthcareretreat.co.za

11 Always dreamed of writing your very own book? Here's your chance ... **Writers Write**, in conjunction with the stunning Ten Bompas Hotel, will be hosting a writing course that's sure to get you well on your way. Whether you're an absolute beginner or have a fair amount of writing experience, dream of writing a novel, biography, screenplay, short stories or want to kick-start your blogging career ... whatever your goal, this is the perfect place to begin. The course will cover a host of practical writing techniques over four days. February 11 – 14. Ten Bompas Hotel, 10 Bompas Road, Dunkeld West. Details: news@writerswrite.co.za

28 **Guitar Wizards** is an awe-inspiring musical show that fuses various guitar sounds and styles in a magical, eclectic concoction, along with CH2 and Marcin Patrzalek. The programme will feature popular musical content from the likes of Michael Jackson and Metallica alongside the classics. An exciting must-watch this month. R220. February 28 – March 2. The Fringe at Joburg Theatre. Details: webtickets.co.za

BROWNS

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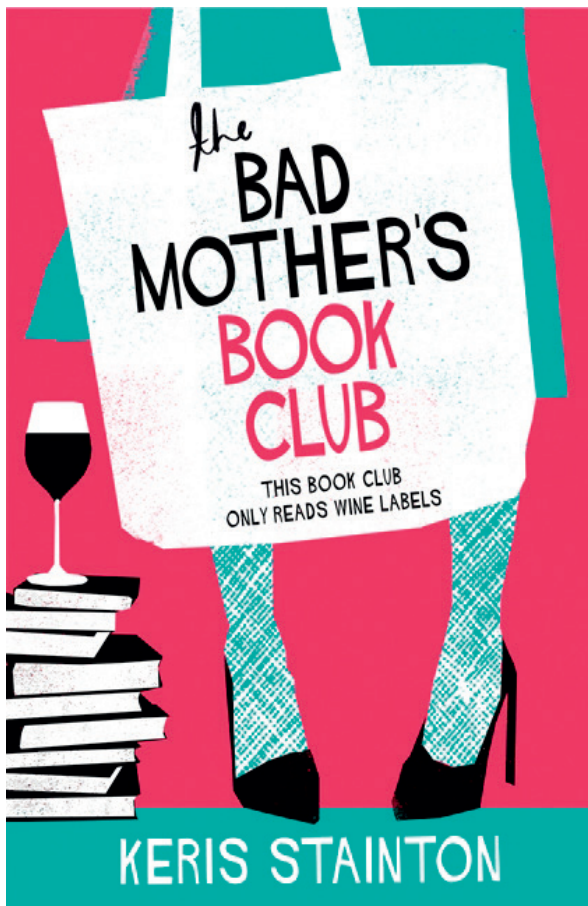
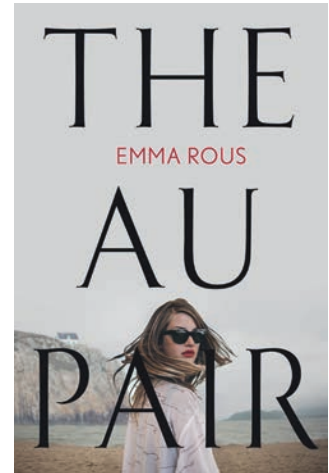
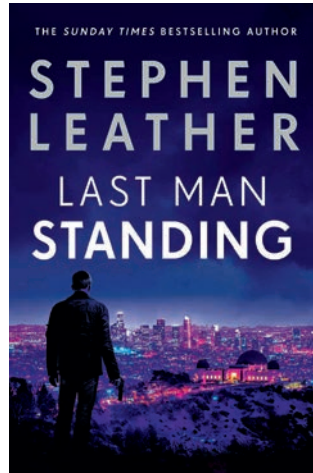
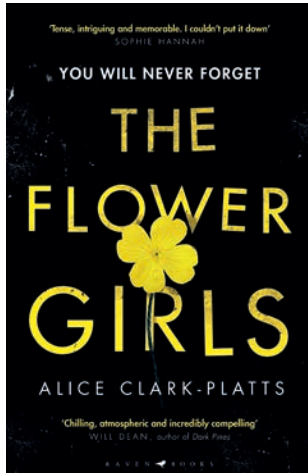
12th Year In a Row



Browns Protea Garland Ring

Book club

Thrillers, therapy and chick lit ... great Feb reads!



Laurel and Primrose. **The Flower Girls**. One convicted of murder. The other given a new identity. Nineteen years later another child has gone missing. The Flower Girls are about to hit the headlines again. A gripping read by Alice Clark-Platts for Valentine month. *Bloomsbury, R300* • When an SAS trooper is told the former Navy SEAL who saved his life is in trouble, he doesn't hesitate to fly halfway round the world to help. With bodyguards being killed, ex-SEALs accused of murder, a Russian oligarch with connections to the Kremlin and what appears to be a framed-for-murder mystery, **Last Man Standing** is Stephen Leather doing what he does best ... telling an amazingly gripping thriller that'll keep you on edge until the last page. *Hodder & Stoughton, R330* • Twelve-year-olds Hannah and Sophie are best friends and inseparable. Then there's a boy crush and jealousy, and Sophie goes missing. Nearly two decades later, fashion columnist Hannah decides to leave the lipstick and lashes copy and starts to investigate what happened to Sophie. **Find Me Gone** by Sarah Meuleman is a thrilling read. *HarperCollins, R280* • A set of twins whose mother commits suicide on the day they are born. An au pair fleeing the scene. Village whispers about a dark-cloaked figure and a stolen baby. And years later, a photograph surfaces showing a man and women holding not twins, but just one baby. **The Au Pair** by Emma Rous is nothing if not intriguing. *Little Brown, R310* • There are book clubs that are more about books and less about wine and gossip. It's the mums like head of the PTA and footballer's wife Jools Jackson who rule the former; but bored, lonely Emma Chance, who's moved to a new town, prefers the latter. She's not welcome at the exclusive cool school-mums' club anyway. So she starts her own ... no housekeepers, polite conversation or reading required ... this is **The Bad Mother's Book Club** (admit it, it's the one we'd prefer, too). A fabulous enjoyable read by Keris Stainton. *Orion, R315*

Wish List

Swipe right on these beauts and love is guaranteed!



Lipstick and blush can also travel in style – surely you knew? How gorge is this Alexandria Black hanger bag? R340. We've always been **Lou Harvey**-obsessed, but this print is fab.com. love.buy.right.now. Such a sumptuous print, and this is only one of the huge array of fantastical prints, and oh, so, so, so much more desirable delights. We just want more and more. Details: www.louharvey.co.za



Bling-ca-ching! What says comfort and glam more than flats and glitter? A Valentine date that's not blistered and bitter... R1500. Details: www.onyvashop.com

A good night's sleep with love-filled dreams in this luxurious and cosy linen ... heaven in our hearts. Make your bedroom blossom with **Volpes**. Hotel beds, you have some serious competition! Good night, sleep tight, blowing you lots of sleep-tight kisses. Details: www.volpes.co.za



Compiled by: Michelle Brink



A duo of fabulous aromatic delights! This coffee and rose diffuser, R695 from **Africology**, has transformed our rooms, while Juliette has a gun Mmmm... has made our perfume goals, R2230, from **Metropolitain** – so much fun and an absolute delight! Details: www.africology.com and www.metrocosmetics.co.za



Will you be my Valentine?

Please only use this flamingo-licious stationery from **Liberty Bespoke** to confess your love to us and wish us a happy Valentine's Day. Thanks. Love you to the moon and back, XOXO. From R40. Details: www.libertybespoke.co.za



Jumbo number five

A little bit of Monica in our lives... How utterly divine is this denim jackie from **Parooz** in Parkhurst? The Kruger ellies and Iris Apfel would be oh-so-proud. We've been told it's naughty... but we're so keen to be biker-haughty! R1400. Details: 010-900-2109



Ted Baker loves to entice us into a dream world of Alice in Wonderland-like femininity. What do we want more than to feel like a princess this lovable month? Hop into the latest range ... not just for him, but for you darling! Plus the shop in Sandton City is so darling! Details: www.tedbaker.com

Pack your bags ... and fall in love!

Thule, Thule, oh how we adore thee! No matter what your status this month of love, Thule has just about everything for you! Backpacks for that solo self-love trip, strollers for your precious tiny tots – and let's not forget luggage for your romantic weekend away. Heck, it even has laptop cases for your beloved notebook! Our current fave is the new Crossover Range – it's state-of-the-art and just, well, luggage swoon-worthy! Get packing, loved ones! Details: www.thule.com/en/za





Heinrich van den Berg

BOOK OF THE MOMENT...
 Heinrich van den Berg with his magnificent Moods of Nature coffee table book



Helen Langridge, Lesley Sandeman

Success!

Moods of Nature was yet another super-successful, oh-so-much-fun, Get It Joburg North readers' get-together. Our event was held at Mythos Design Quarter and hosted by talented wildlife photographer Heinrich van den Berg. Our guests enjoyed nibbling gourmet, Greek-style tapas, and sipping one of our favourite gins – Victoria Handcrafted Gin, as well as a selection of lovely Protea wines. A few lucky guests walked away with some magnificent prizes ... think bottles of gin, a Heinrich van den Berg book and a break for two at Walkersons Hotel & Spa.



Dana van den Berg, Janine Daniel



Colleen and Eddie Coombes



Debbie Brenner, Sylvia Bruns



Jacques and Maretha du Toit



Frank Heitmaller, Lynn and Rob Puttick



Wayne Christianson, Sara Butchart



Bhaarthee Lalla



Herman Sheppard



Irene McAlpine



Andrew Stewart

Dressed to kill!

If there's one fashion label we just cannot get enough of, it's **Scotch & Soda**. With the opening of the latest store in Morningside Shopping Centre, avid Scotch & Soda lovers were invited to preview the latest summer collection, all while sipping delicious cocktails and socialising with gorgeous fashionistas. All we can say is 'wow!' ... you'll want to get your hands on some of these trendy, super-sexy summer pieces. Yes, we know we love Scotch, and we also love soda ... but this marriage is a match made in styilissimo heaven, that we can never get enough of!



Mandla Duch Thabethe, Figo Mashele, Lizwe Thabethe



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Nithal Bhatwandin, Tasarina Dhuloo



Ricci Lee Kalish, Kira Gimpel



Thameenah Saint



Wardah Hartley



Carly Robyn, Thuli Molo

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Broccoli: Rich in isothiocyanate shown to slow growth and promote cell death in cancer cell lines



Turmeric: Rich in curcumin which has been shown to reduce growth, invasion and migration of cancer cells



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PICTURE

Intsta-fab, Insta-food, Insta-Christy Strever, has us photographically creative, hungry and snap happy! This talented photographer has combined creative flair and fare to get us seriously ravenous for more and more..

Christy gives us her fave spots, in and around Jozi, to get fresh produce, flowers, treats, eats, inspo... Plus, all her sneaky make-up tricks and hacks! Check out www.joburgnorth.getitonline.co.za and thank Christy later!

-LICIOUS

What inspires you for each individual scene? In the beginning it was just about what I had in my fridge. I'd sometimes go to the shops and stand in the aisles staring at the fruit and veggies for hours and ideas would just pop out at me. Who'd have thought string beans could be quite so inspiring?

What is the process for setting up these gorgeous shots? I set up the photo, take the photo, edit it, do my make-up – it's all me. If I need an assistant, for those pics where food is being thrown at me in the shot, either my housekeeper helps out or I call a friend to come over. The entire process is pretty exhausting and a lot of thought and effort goes into it. It takes anywhere between 45 minutes and three hours to get it just right. The milk image was one of the toughest ones to set up. Go check it out on my Instagram account (hint, hint, nudge, nudge!), The tripod was set up and my friend had to throw milk powder at me while I looked into the camera (trying not to pull a weird face) and had to fire the shot myself. I couldn't touch my camera because I was covered in food so I had to just snap away and hope something came out relatively okay.

What would be your advice for people who are tempted to also start something a little out there?

Just do it! The crazier the better. In the beginning I was so worried about what people would think of me... but you have to learn to ignore what others say and think. I always encourage people to do things they find challenging – even if they mess up the first couple of times. Even when I struggle, I own those moments and pictures too. Also, don't be afraid to always ask for help and advice.

What's your biggest milestone?

Definitely when Gordon Ramsay followed me on Instagram before I even had 500 followers. In my photos I always tag celebrities and people I look up to for extra exposure. I tagged Gordon Ramsay and he liked a couple of my pics and next thing, he started following me. I'd like to eventually be known as an abstract photographer and I try hard to do more

and more work that fits into that category. However, at the moment I'm a full-time lifestyle and corporate photographer and these food selfies are just a hobby that keeps me entertained and inspired.

Do you ever collaborate with other people / brands / companies? I won't do food selfies for other people because this is my personal brand that I'm trying to build and would like to keep as unique as possible. I'm happy to collaborate with other artists and brands though. In fact, I've been asked to do a rainbow vermicelli sprinkle shoot. Its going to take 100kg of sprinkles in my bath! I've also had quite a lot of interest from restaurants in the past. I did a shoot with RocoMamas for its milkshakes and with Salsa Mexican Grill for its tequilas. That was super fun of course! It's tequila after all!

Which image are you most proud of? I'm really proud of the whisky one because I can't believe how well it worked out! I'm also really chuffed that I managed to pull off the tomato shoot – it took me ages to get right. The second milkshake shot I did for RocoMamas was also very cool, I had to do it in my panties in the restaurant before it opened in the morning. Now you really have to follow me!

What did you do before this? I've changed careers loads of times. I was a chef in London from 2008 to 2010 for the Lawn Tennis Association. I met Andy Roddick and James Blake. I mean, how cool is that? The recession then hit London badly, people started losing their jobs, it was hectic. I then also realised it wasn't the career for me, so I decided to come back home and stayed with my parents in Plett. After thinking long and hard, I decided to take on the task of encouraging more tourism in the area. So I took tons of photos of the beautiful scenery which, let's not lie, is breathtaking. People then started enquiring about the images and Bob's your uncle, I was booking shoots! It wasn't easy – it took four years of losing everything I had to build me up to where I am today. Finding the courage to do things I really love was not as simple as one might think.

How do you reckon this all started?

My mom gave me my first camera when I was 10 years old. Back then it was just a hobby – I've never studied photography. Somehow, I've always had an eye for it. Now it's my full-time career. In terms of the food selfies, I saw a stock image of a girl with a pineapple on her head and I just loved it. I mean, what fun! That's what really started all this. Then I went to my fridge and raided it. Oh, and I just love Cristina Otero, a Spanish photographer and artist, who inspired some of my earlier work. Her self-portraits are so fab, and she started at 15!

Besides this, what other hobbies do you have? I'm obsessed with nature! I buy baobab tree seeds online – these trees are endangered – then I plant them and grow them in my garden. When they're big enough I transplant them in Limpopo, to thrive and keep them alive. I plant everything indigenous in my nursery at home. I have more than 40 trees already. Once they're strong enough I'm planning to transplant them, as well as fruit trees, in public parks in and around Jozi.

Any other info you think we may love to hear? I'm a vegetarian so I won't shoot meat products. I make sure I keep my wastage to a minimum and that all extra food is consumed. I encourage my fans to send me any ideas of what they'd like to see. I then put all the ideas in a bag and roll with the dice of fate and destiny. To check out all Christy's fave pics, and a whole lot more. Follow. Her. Now! *Details: Instagram @christystreverphotography*



A HOT DATE

The Date Factory team is here to take the fuss out of date night!



As a couple themselves, Karien and Johann shared some of their favourite date night ideas with us over at www.joburgnorth.getitonline.co.za

Text: Lucy O'Connell. Photographer: Elsa Niemoller

Are you desperately in need of a great date night? Wanting a way to spice things up? Looking for a great way to spend Valentine's Day? Or are you simply just too lazy to come up with an original way to add sparkle to your relationship? Never fear – Date Factory is near! Established by Karien and Johann du Plessis, this fun-loving (and undeniably fab) duo are keeping couples connected by helping them spend enjoyable quality time together each month with their exciting date boxes. Simply pick a box, hit 'order' and the team sends a surprise box straight to your door with all the ingredients you need to have a romantic, memorable night. Karien sat down with the Get It team ahead of Valentine's Day to talk about her inspiration, keeping things romantic, and what makes these boxes so special.

This is such a great idea! How did it start? I've always liked making special gifts for boyfriends at varsity, and helping friends out when they had dates and wanted to do something a bit different for their boyfriends. I got fed up with my job and I knew I wanted to do something creative, and I had the idea of making these date boxes. We started in 2016 just before Valentine's Day and it was a great hit from the start. Since then, we've sent almost 13 500 boxes all over South Africa.

There are new boxes on the website every month – how do you come up with their themes? I get my ideas from doing lots of research, but also from conversations with friends over a bottle of wine! I think of a theme, then I develop ideas and items around the theme – and before you know it, you have a whole new box! As a couple ourselves, we're definitely influenced by what we'd like and also by our friends who are looking for fun on a night out. I

This date is a winner!

Love is all around us this month and we want to give you a chance to find love in one of these sublime date boxes too! We're giving away a voucher worth R520 for you to choose a date that makes the butterflies in your stomach flutter! Simply, like our Facebook page, tag your loved one, and share, share and share.

always try to think of the different people in our lives and figure out what they'd like, because you need to find a happy place between what's considered boring by some and what's measured as wild by others. In that sense our friends have been great, because they're always willing to offer ideas and opinions on what couples, other than us, might like.

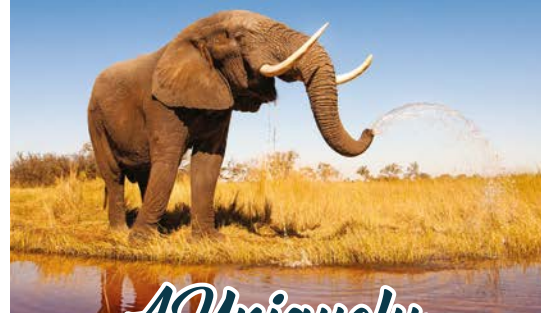
Are the boxes exclusively available as they come, or do you take on commissions? We don't do commissions, but because every single box is unique, we're able to make personalised changes if need be. People sometimes get in touch and tell us about their needs before ordering. They might be celebrating an anniversary, or a new relationship, or maybe they have special dietary requirements. Whatever the situation, I love it that we're able to advise them on what would be best for them, and we always find those people are really happy when that happens.

What have some of your lessons been during this process? First off, people love to be naughty! We once had a very conservative box that had some very 'safe' items in it like coffee, and the feedback from people was that they don't want safe – they want something raunchy! People generally want some alcohol, and something a little bit naughty – It is date night after all! So that's why we have the Raunchy section on the website, because we want to make sure we cater for everyone in our very broad customer base. That said, we have had a few people request really, really strange things, and there is a place where I have to draw a line!

What special things would you recommend people order from Date Factory this Valentine's Day? We've got a particular box for Valentine's Day focused specifically around love and celestial ideas – we're calling it To the Moon and Back. It's a picnic-based box and, while I can't tell you exactly what's inside because each box is unique, it's going to be filled with everything you need to have an unforgettable star-struck Valentine's Day! Or if you're wanting something a little naughtier, the boxes in our Raunchy range always do well. The best thing to do is check out the box descriptions on our website, or head to our Facebook page and read what people have to say about the boxes to get a little idea of what you can expect. Boxes from R390. Details: www.datefactory.co.za



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Head to www.joburgnorth.getitonline.co.za for details on all the Saint d'Ici perfumes and samples to try before you buy.

Oh, think twice, it's just another day for you and me in perfumed paradise...

Stepping into the Saint d'Ici studio in Johannesburg conjures up images of visiting a magical apothecary from a fantasy story. Hundreds of neatly labelled bottles line one wall, distilling equipment and measuring beakers sit on shelves, and a complex mix of delicious scents fills the air. This is the space where Marie Aoun, the perfumer behind Saint d'Ici, makes her magic. 'Perfume has always been a very important part of my life. Both my grandparents and my parents were perfume fanatics, I was given perfume at a young age, and it always featured among my birthday presents. But it wasn't until I was in my 30s that I came across the concept of natural perfumes and decided this was something I wanted to do with my life.'

Natural perfumes, as opposed to more commercial perfumes, are special for a number of key reasons. 'Commercial perfumes are mostly made up of synthesized ingredients created in factories,' explains Marie. 'When you're making a synthetic perfume, it's almost like doing chemistry because you break down a whole ingredient, then you build the perfume molecule by molecule. With natural perfumes I work with whole ingredients, so in a lot of ways it's really more alchemy than chemistry – you really have to have a feel for a scent when you're creating it. There's a lot of experimenting, and you can't really predict how these things will mesh. Ultimately, natural perfumes use far fewer ingredients because a whole ingredient is so complex – you don't want it to turn into a soup of too many scents!'

The result of this alchemy and artistry has been a range of perfumes that have made Saint d'Ici a favourite with shrewd scent lovers since the brand first launched a few years ago. Inspired by memories of the scents of childhood in Provence, France, it seems only fitting that Marie's first real taste of being a perfumer was also grown in one of Europe's most beautiful and inspiring spaces. 'When I decided I wanted to do natural perfumes, I came across a natural perfumer called AbdesSalaam Attar of La Via del Profumo in Italy who'd been praised for really creating magic. I knew he was the person I wanted to learn from. Then, by chance a few months later, I got an email saying he was going to be doing a course and by sheer luck,

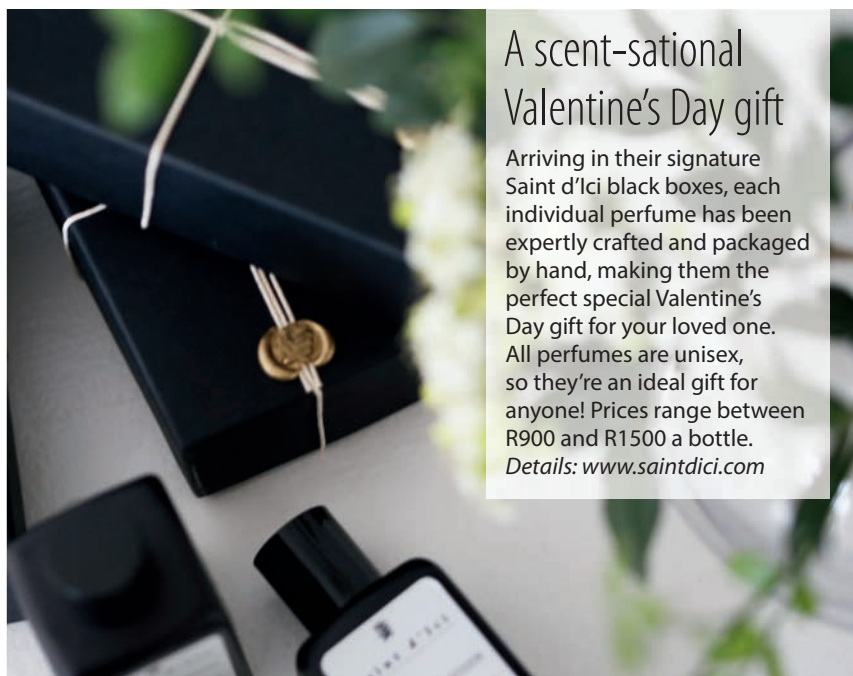
it was at the same time my husband and I were going to be in Italy! He hadn't run the course in about a decade, so it was really special – and it seemed meant to be. It felt like the universe saying this was what I needed to do.'

Today, Marie has created 10 different perfumes for her brand, each of which is limited edition, unique and proudly South African. 'Having a background in the fashion industry, I've always been very conscious about sourcing and the different implications it can have. On the last day of the course, we compared some of the previous distillations AbdesSalaam had done with those he had bought, and many of his distillations were just as good, or better than, the bought ones. It made me realise that you don't need to have fancy equipment or do things on a large scale to get a quality ingredient. When I came back to South Africa, I was determined to find African suppliers and small-scale producers to create my product, and that's really influenced the results. An ingredient grown in the Karoo will have different scents to the same ingredient grown in Natal – in fact, when you take a look at the essential oils, they actually have quite a different make up. It's wonderful to work with these regional scents, and I really believe in working with those individualities and making the most of them.'

It's also these ingredients that often drive the final product for Marie.

'The ingredients really are my core inspiration. I'll smell something and start imagining where it can go and what I can blend it with. I let the ingredients tell me what the inspiration is going to be – some perfumes are created quickly, and the second blend I try is perfect. But sometimes I labour for months before I get it to where I want it. It's like a symphony – there are so many moving parts and then suddenly, it feels as if everything is in the right place and you know it's perfect.'

Going forward, Marie plans on working hard to maintain her niche, exclusive output in order to maintain the individuality that makes it so very special. 'We're growing slowly and sustainably because the idea is still, and always will be, to make something truly special. As I work with small suppliers, I've been doing limited edition runs on all the perfumes because there are always inconsistencies within the ingredients. That means it's a continuing creative exercise because I'm always trying new blends and creating new scents – and I love that. Saint d'Ici means 'Saint of here,' and it will always be about creating things that proudly represent their roots. If you create something beautiful from the heart, people will always respond to it, and that's just what I'm doing here.'



A scent-sational Valentine's Day gift

Arriving in their signature Saint d'Ici black boxes, each individual perfume has been expertly crafted and packaged by hand, making them the perfect special Valentine's Day gift for your loved one. All perfumes are unisex, so they're an ideal gift for anyone! Prices range between R900 and R1500 a bottle. Details: www.saintdici.com



Oriental. Fruity. Floral. Lanvin Eclat de Nuit is all jasmine-orange blossom, blackcurrant, red apple, vanilla and sandalwood. Very sexy. R1295, exclusive to Dis-Chem stores.

LOVE

Beauty buys we're sweet on this February



Gentle, creamy, and part of the SVR Topialyse range which is kind to dry, irritated and atopy-prone skin, this Topialyse Gel Lavante is soap-free, paraben-free and does not sting the eyes. When recommended by dermatologists, ophthalmologists, paediatricians and gynaecologists, you know it's good. R200 from Clicks.



This Crabtree & Evelyn Rosewater & Pink Peppercorn Hydrating Body Scrub gently exfoliates with fine grade sugar, leaving your skin smooth, dewy and lightly scented. R800.



So luxurious ... we love the Bronnley brand from England. These Pink Peony and Rhubarb soaps are enriched with shea butter. Gorg! R380 from Crabtree & Evelyn in Design Quarter.

When you're needing a little help, Clarins comes to the rescue with these SOS Primers. We're huge fans of the white (which instantly brightens) and the pink (which minimises signs of fatigue). R425 each at your fave Clarins stockist. Details: www.clarins.co.za



When rose meets black ... Giorgio Armani Si. Elegant, unique, powerful ... and very Italian! R1560 from fragrance stockists.



We're passionate about Mon Paris, a new, feminine fragrance by Yves Saint Laurent. It's all musk and patchouli and is edgy and alluring. Love it! R1450 from YSL stockists, including Woolworths.



MatsiMela Litchi and Rose Body Butter with shea butter and baobab oil penetrates the skin deeply ... nourishing, soothing, moisturising and protecting, and leaving the skin soft, supple and rejuvenated. R150 from matsimela.co.za



Boucheron Quatre en Rose, a new addition to the Quatre family, is an incredibly feminine, oriental, fruity, floral fragrance. R1310, exclusive to Dis-Chem stores.



Kissable lips ... we're wearing Lancôme Rouge In Love hydrating lipstick in Fall in Rose (it lasts up to six hours, R340); Yves Saint Laurent Tatouage Couture Lip Stain in Rose Ink (ultra-matte, high impact colour that just lasts and lasts and lasts, R590, only from YSL Boutique in Sandton City); and Lancôme L'Absolu Rouge Lipstick Cream in Le Rose Persian Matte (Lancôme's cult lipstick in a range of new, wonderfully vibrant shades) R420.



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Pool-perfect! We're never going to leave...

Spa babe, Bali babe!

Tied up in Jozi and hankering after a trip to Bali — who isn't? Plane tickets? Nope. Luggage? Nope. Passport? Nope. Just head over to the newly re-vamped Fairlawns Boutique Hotel & Spa. Bali-inspired, it's bali-licious baby...

We all know and love the fact that we can travel to exotic, romantic and absolutely swoon worthy places scattered all over the globe. The point we tend to neglect, is that these kinds of mind-blowing gems exist in our very own gorgeous and bustling city. We actually just need to take the peels off our international hankering eyes and take a much closer look...

Fairlawns Boutique Hotel and Spa is a Jozi jewel that never, ever disappoints. Now it's recreated a slice of heaven that, quite frankly, means we may never need to go to Bali... or shucks, anywhere else for that matter!

Think palms, tranquil pools, wooden embellishments, gazebos with floating white curtains and glistening water... we actually feel quite relaxed as we type this. Sigh. Now, some of us may never have visited Bali in reality, but just Google some images and you'll see this oasis is, quite frankly, our Bali dreams turned into a Joburg nirvana.

On offer – well pretty much anything your island dreams can imagine. We, of course went straight for the Royal Bali

Ritual... Oh my, for a minute there we felt like the Duchess of Cambridge – pure regal indulgence. We're most certainly going back for more, more, and more!

After checking the menu, we decided it was best to just keep on going. Now thoroughly obsessed with the whole Bali-inspired day, we decided to settle on the Signature Balinese Body Treatment. Well, heaven knocked on our door! We could have gone on and on... and on, because there's such a variety of treatments and packages available.

But the magnificent pool was calling our name. It screamed island living and sheer temptation. With a glass of icy champers, we revelled in the day, although the actual Bali was miles away. Best part of it all – our laziness took over, so we booked a room at the picturesque hotel and slept with dreams so sweet we may never need to leave Jozi again. PS: Hint, hint, nudge, nudge, it's Valentine month!

Treatment prices range from R100 for that much-needed wax to a full day couples' blow out celebrating togetherness at R6400 (for both you love birds). 1 Alma Road, Morningside, Details: 011-808-7300 or spa@fairlawns.co.za



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Short Lola Dress – R750

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KOZI KIDS

Girls Sneakers from R259

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BASECUT

Veaudry, Summer Blush Limited

Edition Styler - R2400

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SMS your **NAME, SURNAME**, and **FAVOURITE TENANT PROMOTION ON THIS PAGE** to 40732 and stand the chance to **WIN** a R1000 gift voucher from Upstage Concepts, a contemporary Acting and Performance Coaching studio for children, with a focus on building confidence and creativity through performance and competitions.

Winner will be selected on 24 February 2019. T's & C's apply. (SMS charged at R1,50). For more information visit www.dainfernsquare.co.za

Tutti frutti

New year, new you (or something like that, at least) ... we're adding all sorts of bright, bold and quirky pieces to our 2019 wardrobe.



Tanned bodies and bright yellow hues scream summer! We love this beachy and poolside ensemble and accessories. It will keep us dreaming of our next exotic vacay...

Key ring, R99, H&M. Cami R249, silk dress R399, sliders R349 all Cotton On. A4 2019 diary, R349, Typo. Net bag, stylist's own.

We're getting ready to rock (everything from our goals to our wardrobes and everything in-between). When we think of true rock stars we think prints, animal skins (faux, of course), 60s shades and some glitz and glam.

Bralette R279, socks R149, sunglasses, R149 all from H&M. ACDC key ring R119, star key ring R79, belt bag R299, sliders R349, all from Cotton On.



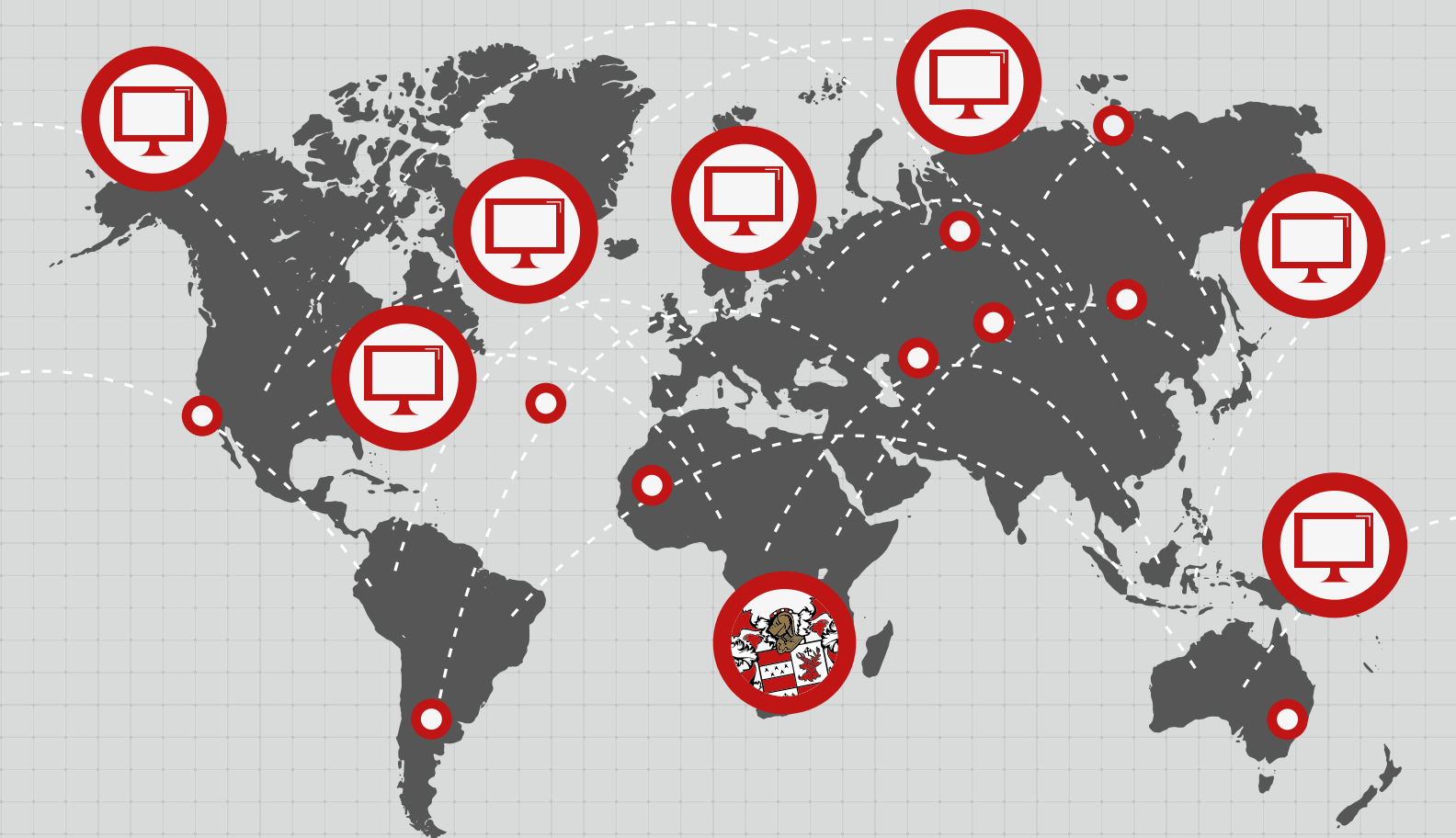
Whether you're hosting a flamboyant pool party, taking a hike in nature or simply lazing around at home, we have bits and bobs perfect for every occasion... Sliders, R429, H&M. Crinkled shorts R249, bralette, R179, foldable water bottle, R199, tissues, R10, all from Cotton On. Flamingoes – stylist's own. LCN nail varnish, R145.



Text & stylist: Sian Roelofs. Photographer: Elsa Niemoller.
Details: cottonon.com • crabtree-evelyn.co.za • hm.com • lcn.co.za



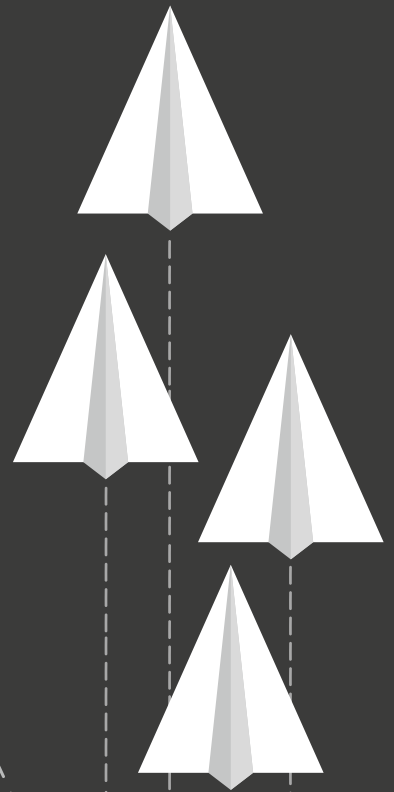
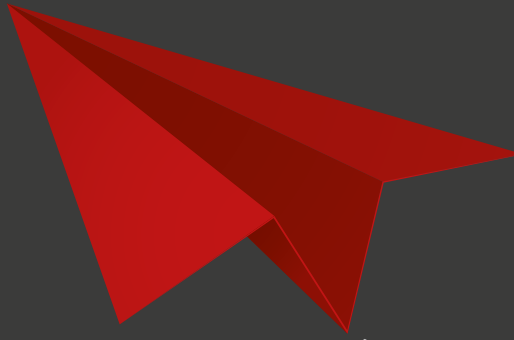
Sexy and a little feisty all at the
 same time ... perfect for Valentine
 celebrations, don't you think?
 Floral blouse R529, bralette R279,
 pouch R229, all from H&M.
 Scrunchies, R79, Cotton On. A4
 glitter notebook, R199, Typo.
 Rosewater Anti-Ageing Hand
 Therapy, R450, Crabtree & Evelyn.



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Pink princess

Let's be honest, the month of love is really about the gals! Plus, little girls make the world so much sweeter... Plus, Parkhurst really has you lasses sorted!

Oh what a bird! Flapping fab, cuddly and pink. R845, from Yummy Baby.



Shade me from the sun, mum! How adorable are these? R520 from Nonna Gift Shop, Cobbles Centre, Parkhurst. Details: 011-447-8297

Why not treat twinkletoes to a healthy smoothie, latte or baked treat from Unicorn Superfood. Yup, we love unicorns too! R357, from Africology. Details: 011-880-0233



Knock, knock, you gorgeous doorstep! R300, from Nonna Gift Shop.

Shake, rattle and roll with this cute ellie rattle. R199 from Nonna Gift Shop.



Candy floss, love is boss. Yummy-smelling shower gel! R60, from Medicare Pharmacy Parklands. Details: 011-788-9307



Rock-a-bye baby on this dear little horse, from Parkhurst Stationers. R1000. Details: 011-788-6911



OBSESSED!

Compiled by: Michelle Brink



Be sure to pop into Yummy Baby in Parkhurst. Such lovely finds. Enough to make you broody for life, ladies! We loved the fab flamingo, of course! Also spied was an adorable unicorn headband, R425, a pretty cotton frock, R690, and a cuddly ballerina, R565. Details: 073-881-6525



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Sweets for my sweet, sugar for my honey...

Sigh! We needn't say much, but take it from us, Helen's Cakes truly does know how to melt our hearts. Diamonds, eek, be damned — this confectionery is legendary...



Vanilla sponge love...

We heart this fab cake!

Instructions: Preparation time: 30 minutes

• Preheat oven to 180°C • Grease & line 2 heart-shaped baking tins

Ingredients: 500ml cake flour • 350ml caster sugar • ½ tsp (2.5ml) salt • 3 full tsp (15ml) baking powder • 350ml oil • 400ml milk • 3 extra large eggs • 5ml vanilla essence

Method: Separate eggs and beat egg-whites until stiff • In another bowl mix egg yolks, oil and vanilla • With a hand beater add liquid to dry ingredients • Add milk slowly and mix well • Fold in the egg whites • Divide mixture into the two heart-shaped tins • Bake for 35 minutes • Remove from oven and leave to cool for about 5 minutes • Remove from tins and allow to cool completely • Sandwich with fresh cream and chopped strawberries • Top with fresh cream and decorate accordingly • Refrigerate for 30 minutes and enjoy immediately.





These lip smacking macaroons are a tantalising delight! The recipe is for the serious bakers ... trust us! Be sure to visit www.joburgnorth.getitonline.co.za to get the recipe. One bite and all resistance will crumble!



Do these gorgeous chocolate heart-shaped pralines look as if they'd tickle your taste buds? Visit www.joburgnorth.getitonline.co.za to get the recipe and make them for yourself (and your loved ones)!

Moreish meringues

Get in our love-shaped bellies!

Instructions: Preparation time: 30 minutes • Preheat oven to 120°C • Grease and line large baking tray • Baking time: 1 hour • cooling time: 1 hour in oven after baking

Ingredients: 4 extra large egg whites • 3 cups (750ml) caster sugar • 125ml boiling water • 4 tsp (20ml) white vinegar • 2 tsp (10ml) vanilla

Method: Beat all ingredients in a mixer until stiff • Sprinkle 4 tsp baking powder over the mixture • Fold in well with a large metal spoon • Scoop out large spoonfuls of the mixture and place on the baking tray • Place baking tray in the oven and bake for one hour • Switch off the oven and leave the baking tray in the oven for one more hour to cool.



Jolly Jammers with heart Jamming with love this Feb!

Instructions: Preparation time: 30 minutes • Preheat oven to 180°C • Baking time: 14 minutes

Ingredients: 200g butter • 100g icing sugar for dusting • 2 egg yolks • 1 tsp vanilla essence • Pinch of salt • 250g cake flour (+ extra for rolling) • ½ tsp baking powder • 100g strawberry jam

Method: In a mixing bowl beat the butter and icing sugar together until pale and creamy • Add the salt, vanilla essence and egg yolks and mix well • Sift the flour and add to the above mixture until it forms a soft dough • Wrap the dough in clingwrap and chill in the fridge for at least 60 minutes • Roll out dough on a lightly floured surface to about 5mm thickness • Cut out desired circular shapes using a biscuit cutter • Use a smaller cutter to cut out the centre piece shape from half the biscuits • Place all on a baking tray and bake for about 14 minutes until slightly golden brown • Once completely cooled, dust the heart cut-out rounds with icing sugar before assembly • Place the strawberry jam in a microwave bowl and heat for 30 seconds • Place a dollop of jam on the whole round base biscuits • Sandwich together with the top heart-shape cut-out biscuit.

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GET 'EM TO THE GREEK

Big Fat Greek Wedding? More like, big, Jozi, satisfied, pita and tzatziki filled belly!



Mythos wanted to create a place that would transport customers to a Greek island. A space that's refreshing and clean ... a whole new Mediterranean restaurant experience. They've created a place where people can relax, enjoy good company and authentic Greek cuisine.

The inspiration behind the design of the restaurant was to highlight authentic, Greek lifestyle ... to reconnect with the traditional Greek heritage and the simplicity of Greek design. They wanted it to remain simple, in its honesty, as mentioned by designer Joanne Valasis from Atmos Architecture Design.


From the handmade furniture to the textured and hand-painted walls, unique flooring and everything in between, you get a sense that passion and care was put into every little detail of the restaurant. Over and above, there are three main features that really stand out and are worthwhile appreciating ... The first are the Macrame lights hanging from the ceiling. These unique lights were inspired by the traditional Greek, crochet craftsmanship. The second are the floors ... pieces of marble joined together with a modern twist. Lastly, the massive mural that's been hand-painted on the wall of the entrance to the restaurant by a local artist who found inspiration from the myth of Icarus. Adding in an element of Greek mythology holds true to the Mythos name.



Whether you're opting for a lazy, long afternoon lunch with friends and family, a romantic date night or a great place to sip on a crisp Sauvignon Blanc with your besties, there sure is no better place... And, let's not fail to mention, if you're looking for the perfect place to host your next, big hoorah ... there are two gorgeous, private dining areas that you can book out for your friends and family, dancing and eating your way late into the evening. Cheers to a festive summer filled with laughter, music, friends, family and of course, delicious food. Design Quarter, William Nicol Drive, Fourways.

Details: 011-465-3468

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A trove of décor items that are sure to add a special touch to your living spaces... We love the way these indoor plants and the lavish patterned rug give this space an eclectic, slightly Bohemian feel. To get the look, turn to the next page.



If ever there were truly magnificent, bespoke and thoughtful gifts for a home, this trio (or just one) would be it. Imported all the way from France, there's only one spot in Johannesburg that's been given the prestigious rights to stock Fragonard Parfumeur products – The Beautiful Life Store. The Grenade Pivoine soap and dish (R595) as well as the Fleur D'Oranger diffuser (R1195) were created at the Parfumerie in Grasse, France, by some of the world's top perfumers. Not just a product but a sensual experience ... we can't get enough! The Jardins Des Papillons hand towel (R295) is just as gorgeous a gift. 38 4th Ave, Parkhurst. Details: thebeautifullylifestore.co.za

Plants give life to any corner of a room and are an affordable way to jazz up a tired space. Basket, R400, Can Doo. Details: candoointeriors.com



Surely a loveseat in millennial pink is the most perfect Valentine's Day gift of all? We certainly think so ... and we're getting ready to cuddle up on this couch. It is most definitely a bucket-list love seat R5995, Block & Chisel. Details: blockandchisel.co.za



Hand-written messages never go out of style. We're crazy about these quirky cards. Plus, you can pop them in a frame, and voilà you have some funky prints for your bedroom wall! R30 each. Details: monkdesigns.co.za



Handmade by local communities in Bali, this woven lamp is the perfect addition to any room that needs a little something special to spruce it up. We love the natural, Bohemian look and feel. Lamp pendant, R1490 Details: esque.co.za



On the lookout for a quick fix for a tired bedroom that won't break the bank? This little ottoman might just be the answer. Plus, we're loving pastel shades this month! R899, Sixth Floor at Superbalist. Details: superbalist.com



Made from cactus silk, derived from a plant grown in the Sahara desert and hand-woven in Morocco, these scatter cushions are truly spectacular. Throw them on your daybed, on your couch or bed alongside some indoor plants and you've got a gorgeous Boho look. Cactus silk scatter cushion, R999, Details: thestorer.co



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STRAWBERRY FIELDS FOREVER...

John Lennon would most certainly approve of the marriage of (gasp) red and pink edibles, trinkets and blooms!

Patio snacks...

Have ripe strawberries at your fingertips with a new range of patio strawberries that grow in hanging baskets and containers. Strawberry Delizz is as pretty as it is productive, with large, bright pink flowers. It produces loads of sweet fruit, even in high summer heat. This strawberry was the first to be an All-American Selections national winner. The easy-growing plants are compact, suitable for containers and hanging baskets. Water daily during high temperatures and feed twice a month with a liquid fertilizer for fruit and flowers. Plants do best in a position that receives morning sun and afternoon shade. Details: www.ballstraathof.co.za





We're planting ...

... the gorgeously romantic Calibrachoa MiniFamous Double PinkMania in time for Valentine's Day. It has large, unfading double pink blooms on a sturdy, semi-trailing plant that easily fills a large hanging basket or container. Its strengthened root system enables it to flower throughout summer, even in the heat. The plants form a mound, 15cm high and with a spread of 30cm. For a spectacular effect put three plants in a 28cm container or hanging basket, and place in a position that receives morning sun and afternoon shade. Keep plants in peak flowering condition by feeding with a liquid fertilizer twice a month.

Garden tasks for February

- Water early in the morning or late afternoon if the weather is hot and dry
- Use peanut shells, bark chips, or pine needles as a mulch to keep the soil cool
- If the heat is intense, delay fertilizing until the end of the month or early March
- Start preparing your trenches for sweet peas
- Water twice a week if it is hot and dry, and water container plants (also hanging baskets) every day
- Fertilize tomatoes, brinjals and peppers (5:1:5 or Vigorosa) and leafy vegetables (Nitrosol; or Margaret Roberts Organic Supercharger)
- In very hot weather set the mower higher so the grass is longer to shade the roots
- Keep birdbaths filled with fresh water. Also make sure there is plenty of water for domestic pets, especially dogs and cats that stay outside during the day.

We just love the cleverness of the guys on our leafy street corners. From ducks to proteas their bead work astounds. Flamingo alert – look what we found! Be sure to visit friendly Vincent Mawhamure and take a look. We're putting this feathered (beaded) friend on our patio to brighten up the pot plants. Head to our instagram account @getitjoburgnorth and tell us what you think! From R200. Cnr Jan Smuts Avenue and Westminster Drive, Craighall Park.
Details: 082-518-1277

Yes, we shop too much and we do love our blossoms... We headed over to Hutton Court's new florist, **Fleurs de la Lune** to have a good snoop.

Although rather new, we liked what we saw. Along with vases galore and fresh cut flowers, we fell in love with these two lovely finds. Whoever said fake flowers were not on-trend? These delights, (R145) almost look real, – and they help those of us who don't have green fingers. Also catching our eye was this beautiful throw, R2760, perfect for cloud-gazing and day-deaming outdoors. It's a splurge that's so worth it you'll thank us, we're sure!

Details: 072-509-7577



Walter Sisulu Love Fest

Why not take your newly purchased (and fab) throw and head to the **Walter Sisulu National Botanical Garden's Love Fest**. There really is nothing like a romantic night in an enchanted garden with your love or loved ones. There'll be live entertainment, food and drink vendors, so that's that sorted. Plus jewellery, art and romantic bath products are also going to be showcased.

If you're taking a picnic don't forget to pack your freshly picked strawberries for dessert! Adults R100, school pupils and pensioners R50 and kids under six free, February 16, Malcolm Rd, Roodepoort. Details: www.facebook.com/events/334418207145608/



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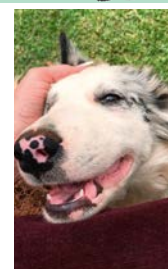
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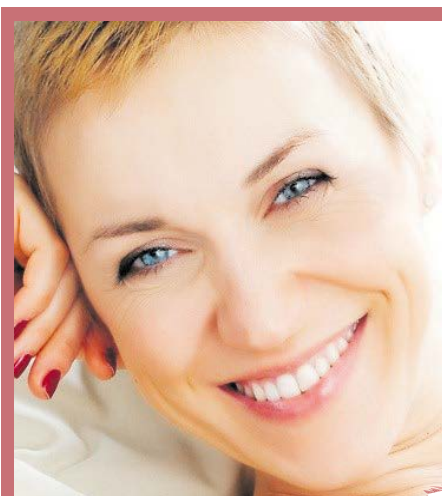

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